НСМРБ
НАЦИОНАЛНО СДРУЖЕНИЕ НА МЛАДЕЖКИТЕ РАБОТНИЦИ В БЪЛГАРИЯ

Co-funded by the European Union

UMBRELLA

# SECOND LIFE

## SMART CONSUMERS

2026-1-BG01-KA151-YOU-000390437

## YOUTH EXCHANGE

15-17 October - Preparatory Visit

16-25 November - Youth Exchange

Bakuriani, Georgia

# About the project

The aim of the Youth Exchange is to bring together 28 young people from 4 countries, aged 18-30, and promote circular consumption habits by exchanging good practices, digital tools and developing further dissemination plans. 28 youths will attend the youth exchange, 3 group leaders and 3 pax from each country will attend the preparatory visit in BaKuriani.

## Objectives are:

- Promote and develop young people's consumer and financial literacy.
- Develop participants' green digital sKills through practising and testing various circular tools.
- Develop digital outcomes to promote reuse and longer product life in their communities.
- Create a networK of young people across partner countries who are committed to develop their circular habits and share their sKills and Knowledge.
- Foster intercultural exchange and cooperation between participants from diverse baCkgrounds.

# Participants profile

Each partner has to select:

Bulgaria - 7 pax, 1 group leader

Turkiye - 6 pax ,1 group leader

Georgia - 5 pax, 1 gorup leader

Slovakia - 6 pax, 1 group leader

Participants are expected to be:

➢ be resident of one of the partnering organisations country

➢ in this project young people with fewer opportunities are welcomed

➢ motivated and able to take part in the full duration of the activity and to share previous experience, including being involved in the dissemination of the outcomes of the Youth Exchange

➢ aged 18 - 30 years (recommended)

➢ able to communicate independently in English

We highly recommend you to keep the gender balance.

<u>Leaders are expected to be:</u>

➢ Attend the preparatory visit in Georgia where the group leaders will plan the practicalities and sessions for the YE

➢ be resident of one of the partnering organisations country

➢ motivated and able to take part in the full duration of the activity and to share previous experience, including being involved in the dissemination of the outcomes of the Youth Exchange

➢ aged 20+ years (recommended)

➢ able to communicate independently in English

➢ having strong leadership competencies

➢ having experience in the Erasmus+ or other international projects is an asset

# Tasks for participants

Home tasks to do before coming to the project. The tasks implementation will be facilitated and supported by the group leaders and in specific cases by the team of facilitators and will be the following:

- prepare session/workshop - each country group has to run particular session (workshop, set of activities, peer education/NFE method) on a particular topic divided by the team among each other, so that share and change the practice, the details will be shared to the selected participants after the PV)

- prepare a creative and interactive presentation/game/quizzes/dance of your country and culture, which will take place at the Intercultural Fair

- prepare and present your sending organization

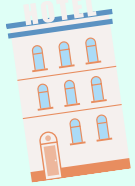
# Practicalities



How to reach to the venue - There are two international airports - Tbilisi and Kutaisi, for each of them, we will send separate guide with how to each detailed description once the group leader will be selected/introduced.



What to bring with you - warm clothes and relevant shoes as there will be a bit not hot ☺️.
A water bottle, personal toiletries
Also, some food, drinks or souvenirs for the cultural evenings.



Accommodation - The Prep-meeting and Youth Exchange will take place in Bakuriani; participants will be accommodated in the 2 or 3 persons rooms with all basic facilities. Hair dryer and washing machine (1KG 30 GEL) will be provided. More information about the venue here.




Insurance - The travel and health insurance are not covered by the project but It is mandatory to bring your insurance policy or buy one

# Practicalities

All expenses (accommodation and travel tickets/costs) are covered by the project based on the sufficient receipts, tickets, boarding passes and invoices. The reimbursement will be done after the Youth Exchange within three months of time by the bank transfer to the organisation's or group leader's bank account.

We recommend you to purchase flight tickets in Euros as the tickets price in other currency will be calculated according to Euroinfo calculator, the official converter for European Commission.

Note: Do not book tickets without our approval!!
No seats or extra luggage will be reimbursed!

Note: without presenting the sufficient proves of travel expenses and boarding passes no reimbursement could be done!

**Travel days:**
**PV - 15 October - arrival, 17 October - Departure day**
**YE - 16 November - arrival, 25 November - Departure day**

Travel expenses will be reimbursed according to the E+ limits
Travel plan will be suggested individually by the project coordinator!

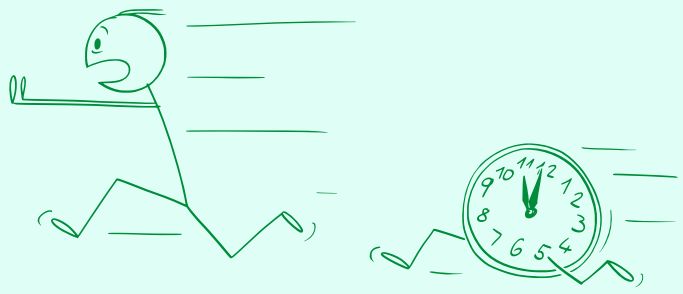
Georgia – 80 € (Green travel)
Bulgaria – 309 €
Turkiye – 211 € (Green travel)
Slovakia - 395 €



# ARE YOU READY FOR YOUR MIND-BLOWING EXPERIENCE?



Are you already a selected participant or group leader from the partner organisation? Fill out ⚠️ Application form



DEADLINE FOR SELECTION OF GROUP LEADER - 5 SEPTEMBER

DEADLINE FOR SELECTION OF PARTICIPANTS - 20 SEPTEMBER

DEADLINE FOR BOOKING TRAVEL TICKETS - 25 SEPTEMBER

For more any questions please feel free to approach us -
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